

Rockaway Township Library Workshop July 2008
"How to Eat Smarter" Resources for Sustainably Grown Food

Animal, Vegetable, Miracle: A Year of Food Life by Barbara Kingsolver

Local Harvest www.localharvest.org

America's #1 organic and local food resource: local farms, farmer's markets, CSAs

Jersey Fresh www.state.nj.us/jerseyfresh

NJ Dept of Agriculture site for Farmer's Markets, Roadside Mkts, Pick Your Own

Slow Food USA www.slowfoodusa.org

Supporting good, clean and fair food: Food Education, Ark of Taste, events

Northeast Organic Farming Association (NOFA) www.nofanj.org

Email: nofainfo@nofanj.org Phone: 609-737-6848

Educational and technical support to growers and consumers

Workshop Presenters - Local Harvest Members

Margaret Noon

Slow Food Northern NJ www.slowfoodnnj.org

Email slowfoodnnj@yahoo.com

Connecting earth friendly farmers, food producers and chefs with NJ palates

Smadar English (*Vegetables*)

Community Supported Garden at Genesis Farm www.csgatgenesisfarm.com

41 B Silver Lake Road, Blairstown, NJ 07825

Phone: (908)-362-7486 Open: Year round

Anne Giller

Degage Gardens www.degagegardens.com

868 Green Pond Road, Rockaway 7.3 miles north of Rt. 80 Exit 37

Phone: (973) 586-4584 Open: Year round, Seasonal hours

Valley Shepherd Creamery (*Cheese*) www.valleyshepherd.com

50 Fairmount Rd, Long Valley, NJ 07853

Phone: (908)-876-3200 Store hours Thurs-Sun 11-5pm

Hoboken Farms (*Bread*) www.hobokenfarms.com

PO Box 483, Hoboken, NJ 07030

Phone: (800)-854-4644 Sells via Farmer's Markets

Melick's Town Farm (*Peaches*) www.melickstownfarm.com

472 Rte 513, Califon, NJ Phone: (908) - 832-0225

Alstede Farms (*Blueberries*) www.alstedefarms.com

84 Route 513, Chester, NJ Phone: (908)- 879-7189

Store open daily plus Farmer's Markets

NJ Farmers Markets 2008

Boonton Farmers' Market

Upper Plane Street Parking Lot, downtown Boonton
Phone: (973) 257-9107 - Karen Korinda
SATURDAYS June 14th - Oct. 25th, 8:30 am - 2:30 pm

Blairstown Farmer's Market

Givens-Belet Hall on Route 521, Blairstown, NJ 07825.
SATURDAYS from 10am-2pm.

Morristown Farmers' Market

Public Pkg Lot #10, Dumont Place, Spring Street & Morris Ave, Morristown
Phone: (973) 455-1133 - Paul Miller
SUNDAYS June 15th - Oct. 26th, 8:30 am - 2 pm

Pick Your Own Farms or Roadside Markets in Morris County**Hamilton Farms Greenhouses & Farm Market** www.hamiltonfarms.com

130 Old Denville Rd., Boonton Twp.
Phone: (973) 334-6528, Fax: (973) 299-9424
Open: Apr. - December, Monday thru Saturday 9 am-6 pm; Sundays 9 am-5 pm

Miller's Hill Farm

10 Combs Ave., Mendham/Randolph Twp. Rt. 513 to South Rd. 3/4 mi.,
Phone: (973)543-1103
Open: June - October, Daily Monday-Friday 11 am -7 pm, Sat & Sun 10 am - 6 pm

Lindeken Farms

Route 15 and Berkshire Valley Road, Wharton.NJ
Phone: (973) 366-5305
Open: May-October and December

Sun High Orchard <http://www.sunhigh.com>

19 Canfield Ave., Randolph, Rt 10 W to Canfield Ave., left at light,
Phone: (973) 584-4734
Open: Daily, May - Dec., 9 am - 6 pm

Union Hill Farms

25 Cooper Rd., Denville 1/4 mi. off Rt. 10W, across from Lakeview School
Phone: (973) 366-0440
Open: May - October, Daily, 10 am - 6 pm

Local CSA Farms (like CSG Genesis Farms)**Howling Wolf Farm**

25 Swayze Mill Road, Hope, NJ 07834
Phone: (908) 459-4474 Matthew Pearson

Upper Meadows Farm & CSA www.uppermeadowsfarm.com

12 Pollara Avenue, Montague, NJ 07827
Phone: (973) -293-8171 Leonard & Anya Pollara