



Fabulous Freebies and Bargains for Savvy Seniors 50+ June 16, 2008

@Rockaway Township Library, Rockaway, NJ
(973-627-2344) <http://www.rtlibrary.org>
<http://www.rtlibrary.org/seniorsavings.pdf>

- 2. "Senior" definition varies by organization from age 50 to 65**
- 3. AARP (American Association of Retired Persons)** Join at age 50+
US (888-687-2277) NJ(866-542-8165) <http://www.aarp.org>
Discounts, info, help: \$12.50 annual fee for you and spouse
- 4. Two Must-Do's for Discounts**
Ask: Do you offer a senior discount?
Tell: Always carry proof of age ID (driver's license, AARP card,...)
- 5. The Internet is an amazing resource for freebies and bargains**
You don't have to own a computer: free computers at library
Comparison shop, print coupons, register for savings alerts
- 6. Tips to avoid online shopping scams**
Check seller ratings and contact info; confirm total costs,
Check for a Secure Transaction notice (https in address box)
- 7. You need an email account to shop and research online**
Easy, free email accounts available at
Google <http://www.google.com>
Yahoo <http://www.yahoo.com>
Need help? Sign up for Email computer classes at RT Library

8. Freebies galore @Rockaway Township Library

Free computer and internet access, free computer classes, free films, free programs, free social and educational group meetings, free help!

<http://www.rtlibrary.org>

9. Checkout Senior Discounts books through MAIN catalog

Search "*discounts*" "*frugal*" "*bargain*" at <http://catalog.mainlib.org/>

Bowman, Linda (3rd ed. 2008) *Free Stuff and Good Deals for Folks over 50*

Gray, Rich (2006) *The Frugal Senior*

Groene, Janet (2005) *Fantastic Discounts and Deals for Anyone over 50*

Heilman, Joan Rattner (2007-2008 edition) *Unbelievably Good Deals and Great Adventures that You Absolutely Can't Get Unless You're Over 50*

Kalian, L&B (2006) *The Best Free Things for Seniors*

Reader's Digest (2007) *Free Money Free Stuff (seniors chapter)*

10. Good Websites with Free Info on Senior Discounts and More

Senior Net: Computer and enrichment classes online and at centers 50+ (800-747-6848) <http://www.seniornet.org>

Savvy Senior: Info and links on topics of interest to 50+ <http://www.savvysenior.org>

Third Age: Variety of info and forums <http://www.thirdage.com>

US Government portal for Senior Resources links <http://www.usa.gov/Topics/Seniors.shtml>

11. Free NJ Public College Classes for ages 62 or 65+

Options vary: audit vs. credit, time of year, classes open

Rutgers Senior Audit <http://ur.rutgers.edu/community/senior.shtml>

Ramapo College Senior Citizen Program <http://www.ramapo.edu>

County College of Morris 70% tuition discount 65+ <http://www.ccm.edu>

12. Budget Learn while you Travel Options for Seniors

Elderhostel Experienced, reputable group for educational tours across US and 90 countries (800-454-5768) <http://www.elderhostel.org>

Lifelong Learners Special Close-Up one week senior tours of DC and other places (800-256-7387) <http://www.closeup.org>

Earthwatch Institute Volunteer to help on a science expedition (800-776-188) <http://www.earthwatch.org>

Go to Frommer's Budget Travel website and search "Senior Travel" or "Elder Travel" <http://www.budgettravel.com>

13. Vast Array of Senior Travel Deals – A sampling

Mainly age 65+ Search online "senior travel discounts" as keyword phrase

National Parks \$10 for Lifetime free entry

http://www.nps.gov/fees_passes.htm

NJ State Parks Free for 62+ (800-843-6420)

AARP Passport program/discounts paired with Travelocity

<http://www.aarp.org>

Senior Home Swaps \$59 for 3 years (50+)

<http://www.seniorhomeexchange.com>

Continental Airlines 10% off select routes 65+ (800-523-3273)

Hotel & Car Rental With AARP (or AAA card)

Varies for ages from 50-65 and discounts from 10-50%

Amtrak 62+ 15% off best fares

14. Dining discounts

Varies by age and discount type: Age 50-55(chains) 60-65 (local)

Not just Early Bird—may be % off, special price menu, 2for1, free coffee

Please Ask—Discounts are not always advertised or volunteered

Link to 2007 *About* online article with partial list of chains offering discounts

http://couponing.about.com/od/localcoupons/a/seniors_dining.htm

15. Senior Shopping and Service Discounts

Most stores offer some savings, but frequency, age, % and terms VARY

e.g. AARP card gets 35% off at Barnes & Noble; 10% off on # of stores

SeniorDiscounts.com Online directory discounts for your zipcode BUT have to pay access fee \$7-13 <http://www.seniordiscounts.com>

Access to list of articles about Senior retail discounts available broadly http://seniorliving.about.com/lr/senior_discounts/121930/3/

16. Entertainment Bargains

Wide range on eligible age and discounts offered

Movies: Price break at age 55 or 62

AMC Rockaway Town square Mall Senior Day Tuesday \$6 for age 60+

Museums, Theaters, concerts: Usually 10-20%

Amusement parks, tourist attractions: (See above)

Sporting events: Senior days or rate cut 10-20%

Health club: YMCA Senior rate 62+

17. Prescription Drug Savings

AARP card, Govt. programs, Drug company and Non-profit programs for limited income seniors

Partnership for Prescription Assistance (888-477-2669)

<http://www.pparx.org>

Rx Assist for affordable drugs <http://www.rxassist.org>

Check out Patient Assistance Program links at pharmaceutical firms

e.g. MERCK

<http://www.merck.com/merckhelps/patientassistance/home.html>

Local Drugstore discounts of 10-20% (timing, terms, valid on what vary)

e.g. RiteAid 20% off on 1st Tuesday

NJ PAAD Pharmaceutical Assistance for the Aged and Disabled

1- 800-792-9745

<http://www.state.nj.us/health/seniorbenefits/paaddetail.shtml>

18. More Health & Help Resources

Free Health Publications from **National Institute on Aging**
(800-222-2225) on check online list

<http://www.nia.nih.gov/HealthInformation/Publications>

AARP 30 % Discount on Eyeglasses and savings on exams

http://www.aarp.org/aarp_benefits/offer_health/

Senior Resource Directories from the Government

<http://www.eldercare.gov>

<http://www.nihseniorhealth.gov>

19. Explore Free and Bargain Community Resources

Check newspaper listings for free concerts, lectures, sports

<http://www.dailyrecord.com> has online calendar of upcoming events

Rockaway Township website for recreation, health department...

<http://www.rockawaytownship.org>

Rockaway Township Community Directory for 2007

On "Links" page of RTLlibrary website <http://www.rtlibrary.org>

20. Free Job Search Help for 50+

Job and Career free online resources from Quintessential Careers

http://www.quintcareers.com/mature_jobseekers.html

Access to free databases of companies seeking 50+ employees

<http://www.seniors4hire.org>

<http://www.seniorjobbank.org>

Job search and training for low income adults age 55+

(866-397-9757) <http://www.experienceworks.org>

Checklist of Savvy Senior Saving Strategies

- ✓ Always ask whether a senior discount is available and terms
- ✓ Carry Proof of Age ID and/or AARP age-based card
- ✓ Use free services @ Rockaway Township Library
- ✓ Get a free email account
- ✓ Practice using the internet to research deals
- ✓ Find out what discounts and freebies exist in Rockaway Township
- ✓ Claim your rewards and

Share your favorite senior freebies and discounts! Email us

rockawaytwplibrary@rtllibrary.org